# 2014-15 IHSAA REFEREE'S DIVING GUIDE

### BEFORE MEET RESPONSIBILITIES:

- A. Verify the voluntary dive from weekly rotation (Use actual degree of difficulty for voluntary dive up to 1.8 maximum).
- B. Set time for diving sheets to be turned in.
- C. Check diving scoresheets before the competition begins:
  - 1. Dive Number Degree of Difficulty
  - 2. Circle the number and degree of difficulty of voluntary dives only
  - 3. Notify coaches/competitors if corrections are needed.
  - 4. Right complement of dives.

<u>Dual Meet</u>: One voluntary dive, five optional dives coming from at least four of the five groups <u>Championship Meet</u>: Five voluntary -- assigned degree of difficulty has a sum of total of 9.0 or less

Six optional -- coming from each of the five groups; no more than one optional dive from the same group is permitted through semifinals

# II. BEFORE COMPETITION:

- A. Meet with diving judges.
  - 1. Review calls made by referee.
    - a. Deductions.
    - b. Maximum awards.
  - 2. Review scale for awarding scores by judges.
    - a. Deductions.
    - b. Maximum awards.
- B. Meet with divers to review competition.

#### III. AFTER COMPETITION:

- A. Check the scoring tabulation and establish the order of finish.
- B. Sign diving scoresheet.

•••••	ONE METER DIVING TABLE											
Dive #		E	С	В	Α	D	Dive #	Е	С	В	А	D
FORWA	ARD DIVES	TWIST DIVES										
	Forward Dives	H/T	1.2	1.3	1.4	_	*5111 Forward Dive, 1/2 Twist	H/A	1.6	1.7	1.8	_
102 F	Forward 1 SS	F/A	1.4	1.5	1.6	_	5112 Forward Dive, 1 Twist	H/T	_	1.9	2.0	_
103 F	Forward 11/2 SS	H/T	1.6	1.7	2.0	_	5121 Forward 1 SS, 1/2 Twist	F/T	_	_	_	1.7
104 F	Forward 2 SS	F/A	2.2	2.3	2.6	_	5122 Forward 1 SS, 1 Twist	F/A	_	_	_	1.9
105 F	Forward 2 <sup>1</sup> / <sub>2</sub> SS	H/T	2.4	2.6	_	_	5124 Forward 1 SS, 2 Twists	F/A	_	_	_	2.3
	Forward 3 SS	F/A	2.9	3.2	_	_	5126 Forward 1 SS, 3 Twists	F/A	_	_	_	2.8
	Forward 31/2 SS	H/T	3.0	3.3	_	_	5131 Forward 1 <sup>1</sup> / <sub>2</sub> SS, <sup>1</sup> / <sub>2</sub> Twist	H/A	_	_	_	2.0
	Forward Flying 1 SS	F/A	1.6	1.7	_	_	5132 Forward 1 <sup>1</sup> / <sub>2</sub> SS, 1 Twist	H/T	_	_	_	2.2
113 F	Forward Flying 11/2 SS	H/T	1.8	1.9	_	_	5134 Forward 1 <sup>1</sup> / <sub>2</sub> SS, 2 Twists	H/T	_	_	_	2.6
BACK D	DIVES						5136 Forward 1 <sup>1</sup> / <sub>2</sub> SS, 3 Twists	H/T	_	_	_	3.1
201 E	Back Dive	H/A	1.5	1.6	1.7	_	5152 Forward 2 <sup>1</sup> / <sub>2</sub> SS, 1 Twist	H/T	3.0	3.2	_	_
	Back 1 SS	F/T	1.5	1.6	1.7	_	5211 Back Dive, 1/2 Twist	H/T	_	_	1.8	_
	Back 11/₂ SS	H/A	2.0	2.3	2.5	_	5212 Back Dive, 1 Twist	H/A	_	_	2.0	_
	Back 2 SS	F/T	2.2	2.5	_	_	5221 Back 1 SS, 1/2 Twist	F/A	_	_	_	1.7
	Back 2 <sup>1</sup> / <sub>2</sub> SS	H/A	3.0	3.2	_	_	5222 Back 1 SS, 1 Twist	F/T	_	_	_	1.9
212 F	Flying Back 1 SS	F/T	1.6	1.7	_	_	5223 Back 1 SS, 11/2 Twists	F/A	_	_	_	2.3
REVER	SE DIVES						5225 Back 1 SS, 2 <sup>1</sup> / <sub>2</sub> Twists	F/A	_	_	_	2.7
301 F	Reverse Dive	H/T	1.6	1.7	1.8	_	5227 Back 1 SS, 31/ <sub>2</sub> Twists	F/A	_	_	_	3.2
302 F	Reverse 1 SS	F/A	1.6	1.7	1.8	_	5231 Back 11/ <sub>2</sub> SS, 1/ <sub>2</sub> Twist	H/T H/T	_	_	_	2.1 2.5
303 F	Reverse 11/2 SS	H/T	2.1	2.4	2.7	_	5233 Back 1 <sup>1</sup> / <sub>2</sub> SS, 1 <sup>1</sup> / <sub>2</sub> Twists 5235 Back 1 <sup>1</sup> / <sub>2</sub> SS, 2 <sup>1</sup> / <sub>2</sub> Twists	H/T	_	_	_	2.5
304 F	Reverse 2 SS	F/A	2.3	2.6	2.9	_	5255 Back 172 SS, 272 TWISTS 5251 Back 21/2 SS, 1/2 TWISTS	H/A	2.7	2.9	_	2.9
	Reverse 21/2 SS	H/T	3.0	3.2	_	_	5311 Reverse Dive, <sup>1</sup> / <sub>2</sub> Twist	H/A	2.1	2.9	1.9	_
312 F	-lying Reverse SS	F/A	1.7	1.8	_	_	5311 Reverse Dive, 72 Twist 5312 Reverse Dive 1 Twist	H/T	_	_	2.1	_
INWARI	D DIVES						5321 Reverse 1 SS, ½ Twist	F/T	_			1.8
401 I	nward Dive	H/A	1.4	1.5	1.8	_	5322 Reverse 1 SS, 1 Twist	F/A	_		_	2.0
402 I	nward 1 SS	F/T	1.6	1.7	2.0	_	5322 Reverse 1 SS, 11/ <sub>2</sub> Twists	F/T				2.4
403 I	nward 11/2 SS	H/A	2.2	2.4	_	_	5325 Reverse 1 SS, 2 <sup>1</sup> / <sub>2</sub> Twists	F/T	_	_	_	2.8
404 I	nward 2 SS	F/T	2.8	3.0	_	_	5331 Reverse 1 <sup>1</sup> / <sub>2</sub> SS, <sup>1</sup> / <sub>2</sub> Twist	H/A	_	_	_	2.2
	nward 21/2 SS	H/A	3.1	3.4	_	_	5333 Reverse 1 <sup>1</sup> / <sub>2</sub> SS, 1 <sup>1</sup> / <sub>2</sub> Twists	H/A	_	_	_	2.6
	nward Flying SS	F/T	2.0	2.1	_	_	5335 Reverse 1 <sup>1</sup> / <sub>2</sub> SS, 2 <sup>1</sup> / <sub>2</sub> Twists	H/A	_	_	_	3.0
413 I	nward Flying 11/2	H/A	2.7	2.9	_	_	5351 Reverse 2 <sup>1</sup> / <sub>2</sub> SS, <sup>1</sup> / <sub>2</sub> Twist	H/A	2.7	2.9	_	_
							*5411 Inward Dive, 1/2 Twist	H/T	_	1.7	2.0	_
C=Tuck, B=Pike, A=Straight, D=Free							5412 Inward Dive, 1 Twist	H/A	_	1.9	2.2	_
* For dives so marked, when done in the pike position the pike must be done before							5421 Inward 1 SS, 1/2 Twist	F/A	_	_	_	1.9
	the twist.						5422 Inward 1 SS, 1 Twist	F/T	_	_	_	2.1
110 (11)							5432 Inward 1 <sup>1</sup> / <sub>2</sub> SS, 1 Twist	F/T	_	_	_	2.7
							5434 Inward 1 <sup>1</sup> / <sub>2</sub> SS, 2 Twists	F/T	_	_	_	3.1

### POINT AWARDS

JUDGE	JUDGING GUIDE				
Diving Judge shall deduct 1/2-2 points for:	10: Excellent—no visible flaws; approach, hurdle, height, dis-				
a. Not stopping the oscillation of the board just before or after the	tance, execution and entry all exceptional.				
starting position is assumed.	91/2-81/2: Very Good—approach, hurdle, height and distance are				
b. Excessive oscillation.	unaffected. Execution well defined.				
<ul> <li>Foot/feet leaving the board prior to a back/inward take-off.</li> </ul>	8-7: Good—approach and hurdle unaffected; height and distance				
d. Spreading knees in the tuck position.	acceptable; execution defined, entry controlled but slightly				
e. Entering to the side of the board.	affected.				
f. Twisting manifestly from the board.	6 <sup>1</sup> / <sub>2</sub> -5: Satisfactory—approach and hurdle acceptable; height and				
	distance adequate; execution complete and entry slightly				
Deficient Dive (4 <sup>1</sup> / <sub>2</sub> -2 <sup>1</sup> / <sub>2</sub> points)	over or under.				
a. The diver partially alters the position of the dive during flight.	4 <sup>1</sup> / <sub>2</sub> -2 <sup>1</sup> / <sub>2</sub> : Deficient—approach and hurdle affected; height and dis-				
<ul> <li>The diver enters the water with one or both hands above the shoulders on a dive requiring a feet-first entry or with one or both</li> </ul>	tance inadequate; execution affected and entry over or under.				
hands below the shoulders on a dive requiring a head-first entry.	2-1/2: Unsatisfactory—approach and hurdle affected; height and				
	distance inadequate; execution not complete or broken				
	position, entry just being made.				
	0: Failed Dive.				

# **DIVING REFEREE CALLS**

- Deductions by referee of 2 points.
  - a. A violation of the forward approach.
  - b. Balk.
- Unsatisfactory Dive by referee (maximum of 2 points)
  - a. The dive is clearly done in a position other than that described on the diving scoresheet;
  - b. The diver hits the board;
  - c. A diver does not attempt to come out of the tuck or pike position.
  - d. A diver does not attempt to come out of a twist.
- e. Not holding the straight position on flying one somersault until the body is horizontal to the surface of the water; not holding the straight position on flying 1½ somersaults until the body is vertical to the surface of the water.
- Failed dive by referee. The diver:
  - a. Executes a dive other than that given on the diving score sheet;
  - b. Does not assume a starting position;
  - c. Falls into the water;
  - d. Is assisted by another person;
  - e. Does not execute the pike before the twist when dives No. 5111 and 5411;
  - f. Does not contact the water with the head or hands first on a head-fi rst dive, or with the feet initially on a feet-first dive;
  - g. Executes a twist, as determined by the divers shoulders, that is greater or less by more than 90 degrees of what is written on the scoresheet when the diver's feet/hands contact the water;
  - h. In a twisting dive, twists the shoulders past 90 degrees before the feet leave the board.
  - i. Repeats a dive;
  - j. Steps off the board after assuming the starting position;
  - k. Performs a dive requiring a forward approach from a standing forward position;
  - 1. Omits the official description of the dive (dive number and position) on the diving score sheet (exception 9-3-5);
  - m.Commits two balks;
  - n. In a dual meet, does not perform the voluntary dive first;
  - o. In a championship meet, does not perform the voluntary and optional dives as specified;
  - p. Performs a dive not listed on the diving table.
- Disqualification by referee for:
  - a. A diver fails two dives:
  - b. or in the judgment of the diving referee:
  - c. A diver does not make a sincere attempt to perform the dive;
  - d. It becomes obvious that dives listed on the score sheet are too difficult for the diver;
  - e. A diver delays in the performance of a dive unnecessarily;
  - f. The diver behaves in an unsporting manner;
  - g. not submitting a complete diving score sheet at the specified time and place;
  - h. In a championship meet, once the diving competition has started, the diver:
  - designates four or less dives as voluntary;
  - four or less groups are included in first eight dives;
  - five or less dives are designated as optional dives.