



Indiana High School Athletic Association COACHING EDUCATION INFORMATION

Rule 7 of the IHSAA by-laws provides specific rules concerning the requirements member schools shall meet regarding the employment and education of coaches. In the event a member school wishes to utilize a non-teaching coach, Rules 7-1.4 and 7-1.5 speak directly to the requirements necessary to appoint such individuals.

The information below is intended to assist the athletic administrator and non-teaching coaches in meeting the requirements of Rule 7 of the IHSAA by-laws.

7-1.4

Schools must maintain an accurate record of all non-teaching coaches. Approval from the IHSAA is not needed except in the case of basketball or football head coaches who do not hold a valid Indiana teaching license.

- a. In compelling, emergency cases, the Commissioner may approve a request from a school for a waiver for a basketball head coach or a football head coach for a period not to exceed one year.
- b. The Commissioner may approve a request by a school for a five (5) year extension of the waiver for a basketball head coach or a football head coach, provided the Commissioner has been provided proof that the coach, during the original waiver period, has successfully completed two (2) IHSAA approved coaching courses.
- c. The Commissioner may approve requests for additional five (5) year extensions of a waiver for a basketball head coach or a football head coach, provided the Commissioner has been provided proof that the coach, during the prior waiver period, has successfully completed *two additional IHSAA approved education courses*. (Head girls' basketball coaches who were hired prior to July 1, 2000 shall not be affected by this rule.)

7-1.5

Any non-teaching coach, who does not hold a valid teaching license, employed by a school shall complete a certified coaches' education course prior to being employed for a second year. (Note: This rule does not apply to coaches hired by that school prior to the 1999-2000 school year.) The coaches' education requirement includes the successful completion of one of the following options: (a) the NFHS Fundamentals of Coaching Course or, (b) the ASEP Coaching Principles course, or (c) the Indiana LANSE course or (d) the required college credit hours to gain a coaching endorsement at one of the member colleges of the Indiana Consortium for Coaching and Sports Management Education. Member schools shall maintain a record of coaching education for all non-teaching coaches. This record shall be furnished to the Association on request by the Commissioner or his designee.

Interpretations and Action Items:

7-1.4 – When hiring an individual as the head football coach or head basketball (boys or girls) coach that does NOT possess a valid Indiana teaching license, the following must be met:

1. The member school shall, in writing, request a one year waiver of the provisions of Rule 7-1.4. This waiver may be granted by the Commissioner with the understanding that this individual shall complete two (2) IHSAA approved coaching education courses during their first year of coaching. Completion of two of these courses will allow the coach to continue for up to five (5) additional years. A list of the approved courses with appropriate website links appears below:



- National Federation (NFHS) Fundamentals of Coaching Course – www.nfhslearn.com
- National Federation (NFHS) First Aid for Coaches Course – www.nfhslearn.com
- National Federation (NFHS) Sport Specific Courses – www.nfhslearn.com
 - Basketball
 - Football
 - Soccer
 - Softball

- o Wrestling
- o Volleyball
- National Federation (NFHS) Elective Courses
 - o Engaging Effectively with Parents
 - o Teaching and Modeling Behavior
 - o Teaching Sports Skills



- American Sports Education Program (ASEP) Coaching Principles Course – www.asep.com
- American Sports Education Program (ASEP) Sport First Aid Course – www.asep.com
- American Sports Education Program (ASEP) Coaching Baseball – Technical and Tactical Skills – www.asep.com
- American Sports Education Program (ASEP) Coaching Football – Technical and Tactical Skills – www.asep.com

- Indiana LANSE Course (Indiana State University)

- Respect in Sport (American Red Cross) - <http://www.respectinsportusa.com/startnow.html>

- National Interscholastic Athletic Administrators Association (NIAAA) Leadership Training Courses (LTC) - www2.niaaa.org/Leadership_Training/leadership_training.asp
 - o LTC 504 – Legal Issues I (Risk Management)
 - o LTC 506 – Legal Issues II (Title IX, Sexual Harassment, ADA & Employment Law)
 - o LTC 608 – Management Strategies and Organization Techniques
 - o LTC 615 – Athletic Field Management
 - o LTC 616 – Management of Indoor Physical Plant Assets
 - o LTC 618 – Management of Interscholastic Athletic Player Equipment
 - o LTC 709 – Communications, Leadership and Decision-Making Concepts, Methods and Applications For Athletic Administrators
 - o LTC 714 – Dealing with Challenging Personalities
 - o LTC 720 – Character in Coaching
 - o LTC 724 – Stress Management Methods, Techniques and Systems
 - o Required college credit hours to gain a coaching endorsement as approved by the Commissioner

2. Upon the completion of the original five (5) year period, if the school wishes for the individual to continue in the coaching position, the individual must have completed *two additional IHSAA approved courses*. Courses under consideration by the individual must have the approval of the IHSAA prior to completion.

7-1.5 – An individual that does not hold a valid Indiana teaching license and serves as a coach in a member school is deemed to be a non-teaching coach. For any non-teaching coach other than the head basketball or head football coach, the individual must complete an IHSAA approved coaching education course to continue in their position beyond the original year of service. The approved courses to meet this requirement are listed below with their appropriate websites where applicable:

- National Federation (NFHS) Fundamentals of Coaching Course – www.nfhslearn.com
- American Sports Education Program (ASEP) Coaching Principles Course – www.asep.com
- Indiana LANSE Course (Indiana State University)
- OR
- The required college credits necessary to gain a coaching endorsement from an Indiana college or university.