TUCK JUMP
Expectation: Thighs horizontal, knees bent to 90°
• Insufficient tuck (thighs up to 44° below horizontal) - up to .2
• Thighs >44° below horizontal - recognize as different element

WOLF JUMP
Expectation: Thighs horizontal, one knee bent to 90°
• Thighs up to 44° below horizontal - up to .1 each
• Thighs >44° below horizontal - recognize as different element

PIKE JUMP
Expectation: 90° closure, legs straight
• Closure 91° - 134° - up to .2
• Closure >134° - recognize as different element

RING LEAP or JUMP / SHEEP JUMP
Expectation: Head release backward past vertical line
Foot at waist or head height required
• No head release - recognize as different element
• Waist height required - up to .2 if at least hip height
• Head height required - up to .2 if at least shoulder height

Tuck, Cat, Wolf, Straddle Pike, Hitchkick
• horizontal expected
If up to 44° below horiz, - deduct up to 0.2
If > 44° below horizontal, - credit different element

Pike Jump
• 90° closure expected
If 91°-134° closure, - deduct up to 0.2
If > 134°, - credit as stretched jump

Split Leaps/Jumps
• 135° or 180° split expected
If up to 44° is missing, - deduct up to 0.2
If > 44° is missing, - credit different element

Dance Turns and Leaps/Jumps w/ Twists
Turns are complete when heel drops.
Twists are complete when feet land.