

IHSAA REFEREE'S DIVING GUIDE

I. BEFORE MEET RESPONSIBILITIES:

- A. Verify the voluntary dive from weekly rotation (Use actual degree of difficulty for voluntary dive up to 1.8 maximum).
- B. Set time for diving sheets to be turned in.
- C. Check diving scoresheets before the competition begins:
 1. Dive Number - Degree of Difficulty
 2. Circle the number and degree of difficulty of voluntary dives only
 3. Notify coaches/competitors if corrections are needed.
 4. Right complement of dives.

Dual Meet: One voluntary dive, five optional dives coming from at least four of the five groups

Championship Meet: Five voluntary - assigned degree of difficulty has a sum of total of 9.0 or less

Six optional - coming from each of the five groups; no more than one optional dive from the same group is permitted through semi-finals

II. BEFORE COMPETITION:

- A. Meet with diving judges.
 1. Review calls made by referee.
 - a. Deductions.
 - b. Maximum awards.
 2. Review scale for awarding scores by judges.
 - a. Deductions.
 - b. Maximum awards.
- B. Meet with divers to review competition.

III. AFTER COMPETITION:

- A. Check the scoring tabulation and establish the order of finish.
- B. Sign diving scoresheet.

ONE METER DIVING TABLE

Dive #	E	C	B	A	D	Dive #	E	C	B	A	D
FORWARD DIVES						TWIST DIVES					
101 Forward Dives	H/T	1.2	1.3	1.4	—	*5111 Forward Dive, 1/2 Twist	H/A	1.6	1.7	1.8	—
102 Forward 1 SS	F/A	1.4	1.5	1.6	—	5112 Forward Dive, 1 Twist	H/T	—	1.9	2.0	—
103 Forward 1 1/2 SS	H/T	1.6	1.7	2.0	—	5121 Forward 1 SS, 1/2 Twist	F/T	—	—	—	1.7
104 Forward 2 SS	F/A	2.2	2.3	2.6	—	5122 Forward 1 SS, 1 Twist	F/A	—	—	—	1.9
105 Forward 2 1/2 SS	H/T	2.4	2.6	—	—	5124 Forward 1 SS, 2 Twists	F/A	—	—	—	2.3
106 Forward 3 SS	F/A	2.9	3.2	—	—	5126 Forward 1 SS, 3 Twists	F/A	—	—	—	2.8
107 Forward 3 1/2 SS	H/T	3.0	3.3	—	—	5131 Forward 1 1/2 SS, 1/2 Twist	H/A	—	—	—	2.0
112 Forward Flying 1 SS	F/A	1.6	1.7	—	—	5132 Forward 1 1/2 SS, 1 Twist	H/T	—	—	—	2.2
113 Forward Flying 1 1/2 SS	H/T	1.8	1.9	—	—	5134 Forward 1 1/2 SS, 2 Twists	H/T	—	—	—	2.6
BACK DIVES						5136 Forward 1 1/2 SS, 3 Twists	H/T	—	—	—	3.1
201 Back Dive	H/A	1.5	1.6	1.7	—	5142 Forward 2 SS, 1 Twist	H/T	2.6	2.7	—	—
202 Back 1 SS	F/T	1.5	1.6	1.7	—	5152 Forward 2 1/2 SS, 1 Twist	H/T	3.0	3.2	—	—
203 Back 1 1/2 SS	H/A	2.0	2.3	2.5	—	5211 Back Dive, 1/2 Twist	H/T	—	—	1.8	—
204 Back 2 SS	F/T	2.2	2.5	—	—	5212 Back Dive, 1 Twist	H/A	—	—	2.0	—
205 Back 2 1/2 SS	H/A	3.0	3.2	—	—	5221 Back 1 SS, 1/2 Twist	F/A	—	—	—	1.7
REVERSE DIVES						5222 Back 1 SS, 1 Twist	F/T	—	—	—	1.9
301 Reverse Dive	H/T	1.6	1.7	1.8	—	5223 Back 1 SS, 1 1/2 Twists	F/A	—	—	—	2.3
302 Reverse 1 SS	F/A	1.6	1.7	1.8	—	5225 Back 1 SS, 2 1/2 Twists	F/A	—	—	—	2.7
303 Reverse 1 1/2 SS	H/T	2.1	2.4	2.7	—	5227 Back 1 SS, 3 1/2 Twists	F/A	—	—	—	3.2
304 Reverse 2 SS	F/A	2.3	2.6	2.9	—	5231 Back 1 1/2 SS, 1 1/2 Twists	H/T	—	—	—	2.1
305 Reverse 2 1/2 SS	H/T	3.0	3.2	—	—	5233 Back 1 1/2 SS, 2 1/2 Twists	H/T	—	—	—	2.5
INWARD DIVES						5235 Back 2 1/2 SS, 1/2 Twist	H/T	—	—	—	2.9
401 Inward Dive	H/A	1.4	1.5	1.8	—	5251 Reverse Dive, 1/2 Twist	H/A	2.7	2.9	—	—
402 Inward 1 SS	F/T	1.6	1.7	2.0	—	5311 Reverse Dive 1 Twist	H/A	—	—	1.9	—
403 Inward 1 1/2 SS	H/A	2.2	2.4	—	—	5312 Reverse 1 SS, 1/2 Twist	H/T	—	—	2.1	—
404 Inward 2 SS	F/T	2.8	3.0	—	—	5321 Reverse 1 SS, 1 Twist	F/T	—	—	—	1.8
405 Inward 2 1/2 SS	H/A	3.1	3.4	—	—	5322 Reverse 1 SS, 1 1/2 Twists	F/A	—	—	—	2.0
412 Inward Flying SS	F/T	2.0	2.1	—	—	5323 Reverse 1 SS, 2 1/2 Twists	F/T	—	—	—	2.4
413 Inward Flying 1 1/2	H/A	2.7	2.9	—	—	5325 Reverse 1 1/2 SS, 1/2 Twist	F/T	—	—	—	2.8
						5331 Reverse 1 1/2 SS, 1 1/2 Twists	H/A	—	—	—	2.2
						5333 Reverse 1 1/2 SS, 2 1/2 Twists	H/A	—	—	—	2.6
						5335 Reverse 2 1/2 SS, 1/2 Twist	H/A	—	—	—	3.0
						5351 Inward Dive, 1/2 Twist	H/A	2.7	2.9	—	—
						*5411 Inward Dive, 1 Twist	H/T	—	1.7	2.0	—
						5412 Inward 1 SS, 1/2 Twist	H/A	—	1.9	2.2	—
						5421 Inward 1 SS, 1 Twist	F/A	—	—	—	1.9
						5422 Inward 1 1/2 SS, 1 Twist	F/T	—	—	—	2.1
						5432 Inward 1 1/2 SS, 2 Twists	F/T	—	—	—	2.7

C=Tuck, B=Pike, A=Straight, D=Free

* For dives so marked, when done in the pike position the pike must be done before the twist.

POINT AWARDS

JUDGE	JUDGING GUIDE
<p>Diving Judge shall deduct 1/2-2 points for:</p> <ol style="list-style-type: none"> a. Not stopping the oscillation of the board just before or after the starting position is assumed. b. Excessive oscillation. c. Foot/feet leaving the board prior to a back/inward take-off. d. Spreading knees in the tuck position. e. Entering to the side of the board. f. Twisting manifestly from the board. <p>Deficient Dive (4 1/2-2 1/2 points)</p> <ol style="list-style-type: none"> a. The diver partially alters the position of the dive during flight. b. The diver enters the water with one or both hands above the shoulders on a dive requiring a feet-first entry or with one or both hands below the shoulders on a dive requiring a head-first entry. 	<p>10: Excellent—no visible flaws; approach, hurdle, height, distance, execution and entry all exceptional.</p> <p>9 1/2-8 1/2: Very Good—approach, hurdle, height and distance are unaffected. Execution well defined.</p> <p>8-7: Good—approach and hurdle unaffected; height and distance acceptable; execution defined, entry controlled but slightly affected.</p> <p>6 1/2-5: Satisfactory—approach and hurdle acceptable; height and distance adequate; execution complete and entry slightly over or under.</p> <p>4 1/2-2 1/2: Deficient—approach and hurdle affected; height and distance inadequate; execution affected and entry over or under.</p> <p>2-1 1/2: Unsatisfactory—approach and hurdle affected; height and distance inadequate; execution not complete or broken position, entry just being made.</p> <p>0: Failed Dive.</p>

DIVING REFEREE CALLS

- **Deductions by referee** of 2 points.
 - a. A violation of the forward approach.
 - b. Balk.
- **Unsatisfactory Dive by referee (maximum of 2 points)**
 - a. The dive is clearly done in a position other than that described on the diving scoresheet;
 - b. The diver hits the board;
 - c. A diver does not attempt to come out of the tuck or pike position.
 - d. A diver does not attempt to come out of a twist.
 - e. Not holding the straight position on flying one somersault until the body is horizontal to the surface of the water; not holding the straight position on flying 1 1/2 somersaults until the body is vertical to the surface of the water.
- **Failed dive by referee.** The diver:
 - a. Executes a dive other than that given on the diving score sheet;
 - b. Does not assume a starting position;
 - c. Falls into the water;
 - d. Is assisted by another person;
 - e. Does not execute the pike before the twist when dives No. 5111 and 5411;
 - f. Does not contact the water with the head or hands first on a head-first dive, or with the feet initially on a feet-first dive;
 - g. Executes a twist, as determined by the divers shoulders, that is greater or less by more than 90 degrees of what is written on the scoresheet when the diver's feet/hands contact the water;
 - h. In a twisting dive, twists the shoulders past 90 degrees before the feet leave the board.
 - i. Repeats a dive;
 - j. Steps off the board after assuming the starting position;
 - k. Performs a dive requiring a forward approach from a standing forward position;
 - l. Omits the official description of the dive (dive number and position) on the diving score sheet (exception 9-3-5);
 - m. Commits two balks;
 - n. In a dual meet, does not perform the voluntary dive first;
 - o. In a championship meet, does not perform the voluntary and optional dives as specified;
 - p. Performs a dive not listed on the diving table.
 - q. Performs an additional bounce(s) on the end of the board after the culminating hurdle.
- **Disqualification by referee** for:
 - a. A diver fails two dives;
 - b. or in the **judgment of the diving referee:**
 - c. A diver does not make a sincere attempt to perform the dive;
 - d. It becomes obvious that dives listed on the score sheet are too difficult for the diver;
 - e. A diver delays in the performance of a dive unnecessarily;
 - f. The diver behaves in an unsporting manner;
 - g. not submitting a complete diving score sheet at the specified time and place;
 - h. In a championship meet, once the diving competition has started, the diver:
 - designates four or less dives as voluntary;
 - four or less groups are included in first eight dives;