

IHSAA State Championship Practice Schedule & Information

Indiana University, Hayes Track & Field Complex

Thursday, June 4 – Saturday, June 6, 2015

Items in Red are changes from previous years

The Hayes Track & Field Complex operations hours and guidelines are listed below. All high school athletes and coaches are asked to please read the information below prior to using Hayes Track and Field Complex.

1. There will be no 'open' track times preceding the IHSAA State Championships.
2. High school teams will not be permitted to use Hayes Track and Field Complex before Thursday, June 4.
3. Only Indiana University's Track and Field teams and IHSAA teams are permitted to use the complex Thursday, June 4 through Saturday, June 6.

PRACTICE SCHEDULE – High school athletes and coaches must be off all track level areas and concluded all practice activities at the end of each practice session. If athletes wish to cool-down after the practice session, they must do so away from the Hayes Complex. Teams may be in the bleacher areas. This is to avoid any issues related to the NCAA.

Thursday, June 4

High School First Session – 8:00am to 2:30pm
Indiana University – 3:00pm to 5:00pm
High School Second Session – 5:30pm to 9:00pm

Friday, June 5

Indiana University – 8:00am to 10:00am
High School Morning Session – 10:30am to 12:00pm
Boy's Teams Meet Access at 1:00pm through Jordan Avenue Gates

Saturday, June 6

Indiana University – 8:00am to 10:00am
High School Morning Session – 10:30am to 12:00pm
Unified Team's Facility Access – 12:00pm
Unified Team's Session – 1:00pm
Girl's Teams Meet Access at 1:00pm through Jordan Avenue Gates

FACILITY ACCESS & LIMITATIONS

Practice Sessions – Teams may enter Hayes Complex through the main gates off of Fee Lane or through the gates off of Jordan Avenue.

Meet Time – Team entrance will be through the gates off Jordan Avenue.

Meet Parking – Team drop-off will be on Jordan Avenue. Buses and vans will be directed to park in lot 12 off of North Fee Lane. There will be signs directing drivers to lot 12. There will not be shuttle service to lot 12. Buses and vans (that do not fit into the parking spots) will be subject to towing on Jordan Avenue all day Friday and Saturday.

Team Camps – Grass areas outside of the fence surrounding the track may be used for team camps unless needed for meet operations or access. Please do not block traffic flow or spectator's view. During the practice sessions, please do not use the hammer/discus sector to the north of the track for camp since the area may need to be used for practice.

Pole Vault Coaches – There will not be any tip-n-tilt bleachers on the infield in the coaches' area during competition. Please bring your own chairs.

ALL IHSAA ATHLETES & COACHES: PLEASE READ

- Practice Sessions** - All high school athletes must be finished practicing, cooling-down and stretching at the end of their practice session and off all track level areas. If athletes wish to cool-down after the practice session, they must do so away from the Hayes Complex. Teams may be in the bleacher areas. The IU coaching staff may not be present when any high school athlete is practicing per NCAA rules. Please make sure you are aware of your time.
- No headphones or electronic devices** on the track, at an event area, or in the hammer sector (if there is practice in that area) at any time. This area includes any track level area surfaced with polyurethane. This is a safety issue, and athletes will be asked to leave the track if there is a safety compliance issue.
- Lanes 1, 2, or 3** - No hurdles, relay exchanges, or blocks in lanes 1, 2, or 3 at any time.
- Spikes** - The only spikes permitted on the track are pyramid spikes no longer than 1/4". This includes practice and meet times.
- Marks** - Tape may be used for marks and relays, but please remove all tape and throw away when you are finished. Do not use chalk or thumbtacks anywhere on the track surface.
- Hurdles** - When finished, please dropped to the lowest setting placed no more than 10 to a cart when finished. There will be racks left in numerous locations on the track.
- Blocks** - Please place back on carts after use. Please do not leave blocks on the track or infield when you are finished. Teams may use their own blocks for both practice and the meets as long as IHSAA officials approve of the equipment. Blocks cannot have any longer than 1/2" spikes. Blocks may not be used that require someone to hold them in place. The IHSAA and IU will not be responsible or ship blocks left at the facility.
- Field Events** - Field events areas may be used only if the event coach is present. Athletes are not permitted to throw implements or practice jumping if they do not have a coach supervising the event.
 - Horizontal Jumps - Rakes/brooms should be left against the wall. Any sand thrown from the pits should be swept back into the pits before you leave. The long jump boards are 10' 2" from the sand pits.
 - Vertical Jumps - Pole vault and high jump pits are to be covered at the end of your session. Do not move any of the landing pits. IU will not supply crossbars for practice sessions. Leave any bungee on the standards.
 - Poles can be left at the track at the end of your practice session. They will be secured in the storage building.
 - Discus - Do not move, twist, lift, or tie-back any part of the discus cage.
 - Any mowing or site preparation work that is happening in an event area will make that area closed to athletes and coaches. If there is mowing anywhere inside the track, the discus circle inside the track is not to be used. If this happens, a discus circle is inside the hammer cage at the Jordan Avenue end of the complex.
 - Pole Vault - There will not be any tip-n-tilt bleachers on the infield in the coaches' area during competition. Please bring your own chairs.
- Visiting Team's Equipment** - The IHSAA and IU will not be responsible or ship any equipment left at the facility.
-
- Restrooms** - located up the stairs on the Armstrong Soccer Stadium concourse in back of the Armstrong bleachers.
- Please do not enter the storage building or the press box.
- No one is to be in any other IU Athletics building outside the Hayes Track & Field/Armstrong Stadium complex.
- Trash** - Please make sure all trash is place in a trash or recycling receptacle.

