



2016 IHSAA STATE TRACK AND FIELD CHAMPIONSHIPS
STARTING HEIGHTS

Girls' High Jump

Starting Height – 5'0"

Raise to 5'2" then 1 inch thereafter.

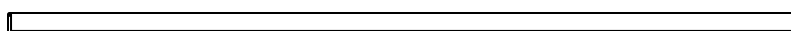
Warm-ups at 4'10"

Girls' Pole Vault

Starting Height – 10'0"

Raise to 10'6", 11'0" then 3 inches thereafter.

Warm-ups at 9'0"



Boys' High Jump

Starting Height – 6'2"

Raise to 6'4", 6'6" then 1 inch thereafter.

Warm-ups at 6'0"

Boys' Pole Vault

Starting Height – 13'6"

Raise to 14'0", 14'6" then 3 inches thereafter.

Warm-ups at 12'6"