



# Fundamentals of Coaching Volleyball

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### COURSE DESCRIPTION

The Fundamentals of Coaching Volleyball course was developed in partnership with USA Volleyball (USAV). The course is endorsed by the American Volleyball Coaches Association (AVCA). It provides a unique student-centered curriculum on essential volleyball coaching techniques and methods for interscholastic teacher/coaches. Olympian Kevin Barnett and Dietre Collins-Parker host the online course and present the material to the coach. Skills videos and printable materials are readily available to the coach through the Resources section of the course.



### Fundamentals of Coaching Volleyball

- Unit 1: Overview of Course
- Unit 2: Basic Skills: Serving and Passing
- Unit 3: Basic Skills: Attacking, Blocking and Digging
- Unit 4: Basic Team Systems: Offense
- Unit 5: Basic Team Systems: Defense



### Available Courses:

#### TEACHING SPORT SKILLS

- Provides teacher/coaches information on how to effectively teach skills to students

#### TEACHING AND MODELING BEHAVIOR

- Helps teacher/coach understand the importance of sportsmanship and behavior

#### ENGAGING EFFECTIVELY WITH PARENTS

- Provides teacher/coaches with information and strategies to enhance their relationship with the parent

#### NFHS FIRST AID FOR COACHES

- Meets first-aid requirements mandated for coaches and athletic trainers
- Certified by the American Red Cross

