2014-15 NFHS GIRLS GYMNASTICS RULES INTERPRETATIONS

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Corrections to Rules Book: Page 104, Uneven Bars Scoresheet

Bonus – 0.8

1. (max .4) AHS – 2 diff, no fall/spot (0.2 ea) _______ _______

2. (0.2) HL BBS (0.2) _______

3. (max .2) LL BBS (0.1 ea, Up to 0.2) _______ _______
   2nd HL BBS (0.2) _______
   3rd AHS – diff, no fall/spot (0.2) _______

SITUATION 1: On vault, the chief judge signals the gymnast to begin. After giving the signal to begin, the chief judge realizes that the gymnast did not announce her vault. The judges void the vault. RULING: Incorrect procedure. COMMENT: There is no deduction for failure to announce the vault. The chief judge should ask what vault is intended prior to giving the signal to begin. (6-2-5a)

SITUATION 2: In uneven bars, Judge A deducts 0.2 in event requirements for a routine which does not have an LA twist/turn. RULING: Incorrect procedure. COMMENT: An LA twist/turn is no longer an event requirement. (7-2-2)

SITUATION 3: A gymnast has only one bar change in her routine. The judge deducts .05. RULING: Correct procedure. COMMENT: A routine should have two bar changes, with each worth .05. (7-3-3b)

SITUATION 4: A gymnast performs a counterswing backward over the low bar, contacts the bar with her hands and then falls, landing outside of the low bar. The judges award superior credit for the release and deduct 0.5 for the fall. RULING: Correct procedure. COMMENT: Once both hands make contact with the low bar, the element is considered complete and Value Part credit is awarded. (7-2-6)

SITUATION 5: In beam, a gymnast has a slight hesitation (pause) between two dance elements in a series. The judges award credit for the series and take up to 0.2 deduction for lack of tempo/rhythm between elements. RULING: Correct procedure. COMMENT: If there is a complete stop, series credit is not awarded. With a stop, the elements are now isolated and would not receive a rhythm deduction. Execution and/or balance error deductions would still be applied. (8-3-4 [(15)], Points of Emphasis)

SITUATION 6: In beam, a gymnast performs a tic-toc to a salto backward with 1/1 twist dismount. The judges award the gymnast 0.2 for a HL BBS. RULING: Correct procedure. COMMENT: A tic-toc is a superior connected to a salto backward with a 1/1 twist dismount, which is an advanced high superior. A S+AHS receives HL BBS credit and may include the dismount. Note: This combination would not receive credit for an acro series in event requirements because both elements in the series must start and finish on the beam. (8-3-5b, 8-2-3)

SITUATION 7: A gymnast performs a wolf jump directly connected to a back tuck salto on the beam and receives 0.2 credit for a HL BBS. RULING: Incorrect procedure. COMMENT: To receive HL BBS credit for a S+AHS, the superior must be an acro element. (8-3-5b)

SITUATION 8: A gymnast performs a flic-flac to a tuck back salto dismount. The judges give credit for an acro series. RULING: Incorrect procedure. COMMENT: To receive credit for the acro series, both elements must start and finish on the beam. (8-2-3)

SITUATION 9: In floor exercise, Judge A deducts 0.2 in event requirements for a routine that has a series of two different leaps of the same shape. RULING: Incorrect procedure. COMMENT: The dance series of difficulty shall be two different Group 1 leaps/jumps but no longer requires that they be of different shapes. (9-2-3b)
SITUATION 10: In floor exercise, (a) at the end of the first pass, a gymnast takes a large step backward to control her landing. The judge deducts 0.2. (b) At the end of the second pass the gymnast takes a small step backward to finish in a lunge. The judge does not take a deduction. **RULING:** Correct procedure for both (a) and (b). **COMMENT:** (a) A large step or jump on landing (approximately 3 feet) results in a 0.2 deduction each time up to a maximum of 2. (b) A small step backward after landing, when in control, to finish in a lunge, is acceptable. (9-3-4b)