COMPOSITION (0.7)

Variety / Choice (up to 0.3)
Consider:
- up to .1 - variety of acro
- up to .1 - variety of dance
- up to .1 - balance of acro and dance
- up to .1 - level of acro vs. level of dance
- up to .1 - higher level VP's - isolated
- up to .1 - variety of connections
- 0.1 - > 2 of same dance shape
- 0.1 - same value part used twice to fulfill difficulty

Spacing / Direction (up to 0.2)
- up to 0.1 - space and levels
- 0.1 - acro in 2 directions
  - one must be forward or sideward
  - one must be backward
  - must be within an acro pass
  - excludes roundoff and handstand

Artistry (up to 0.1)
- up to 0.1 - artistry
  - quality of expression (projection, emotion, focus) and movement to reflect personal style; originality/creativity

Distribution (up to 0.1)
- level not maintained
- value parts not spaced

RECOGNITION OF VALUE PARTS
- Elements can receive VP credit twice
- Elements are different if:
  - different # in the rulebook
  - saltos have different body position
  - different degree of turn
  - support is on 1 or 2 arms
  - takeoff for leaps or jumps is from 1 or 2 legs
- Elements are the same if:
  - takeoff for acro elements is from 1 or 2 legs

EVENT REQUIREMENTS (1.0)
- Deduct -0.2 for each missing requirement
- 1 element may fulfill more than 1 ER
- Elements not awarded VP credit may not fulfill ER

- min. 180° twisting salto
  - entire twist must be in air
- 3 acro passes
  - 3 directly connected acro elements
  - or 2 directly connected acro elements that include a HS, AHS, or BBS
  - except for the round-off, all elements in a pass must receive Value Part credit
  - all elements may be in any direction (bwd/fwd/swd)
- superior acro dismount
  - may be in 3rd acro pass
  - or may be the last acro element in the routine
  - credit may be awarded if 1st or 2nd pass is broken
- superior jump, leap, or turn on 1 foot
  - jp/lp may be isolated or within dance series
- dance series - min. 2 different value parts
  - any elements from Group 1 leaps/jumps

BONUS (0.8)
- Advanced High Superiors (0.2 each, max. 0.4)
  - Second AHS must be different
  - No credit if fall or spot has occurred
- High Level BBS (0.2)
  - HS+HS, HS+AHS, AHS+AHS, AHS acro + S salto
  - Max. 0.2 may be earned in one of the following ways:
    a) Low level BBS - same or different (0.1 ea, max. 0.2)
      - S+S, S+HS, S+AHS
      - Series of 3 receives only one BBS
    b) 2nd high level BBS - same or different (0.2)
    c) 3rd different Advanced High Superior (0.2)
      - No credit if fall or spot has occurred

DIFFICULTY EXCEPTIONS
- series of flic-flacs (bk hdsp) = S
- series of front handsprings = S

ADDITIONAL MATTING
- Add'l matting may be used for any type of element
- up to 2 mats (max. 8") may be placed separately on FX
- If 8", the skill cushion must be 5’x10’
- A sting mat may be placed on top of an up to 8' skill cushion (including another sting mat) and the combination of the 2 mats will count as 1 of the allowed additional mats
- If mat covers boundary, boundary must be marked
- Failure to mark boundary on mat = -.1 CJ
- Only one skill cushion may be used per acro pass
- There is no requirement to remove additional mats
- If removed, may not be placed back on FX
- One step inside boundary to place, adjust, or remove mat is permissible

TIMING
Not longer than 1:30 -
- Timing begins with first movement
- Time stops with gymnast’s final position
- Evaluate whole routine even if overtime
- No warning is called
Less than :30 (short routine) = -2.0 (CJ)

RECOGNITION OF VALUE PARTS

Elements can receive VP credit twice
- Elements are different if:
  - different # in the rulebook
  - saltos have different body position
  - different degree of turn
  - support is on 1 or 2 arms
  - takeoff for leaps or jumps is from 1 or 2 legs
- Elements are the same if:
  - takeoff for acro elements is from 1 or 2 legs

DIFFICULTY EXCEPTIONS

- series of flic-flacs (bk hdsp) = S
- series of front handsprings = S

ADDITIONAL MATTING

- Add'l matting may be used for any type of element
- up to 2 mats (max. 8") may be placed separately on FX
- If 8", the skill cushion must be 5’x10’
- A sting mat may be placed on top of an up to 8' skill cushion (including another sting mat) and the combination of the 2 mats will count as 1 of the allowed additional mats
- If mat covers boundary, boundary must be marked
- Failure to mark boundary on mat = -.1 CJ
- Only one skill cushion may be used per acro pass
- There is no requirement to remove additional mats
- If removed, may not be placed back on FX
- One step inside boundary to place, adjust, or remove mat is permissible

TIMING
Not longer than 1:30 -
- Timing begins with first movement
- Time stops with gymnast’s final position
- Evaluate whole routine even if overtime
- No warning is called
Less than :30 (short routine) = -2.0 (CJ)

2016-2018
<table>
<thead>
<tr>
<th>LEAPS / JUMPS</th>
<th>HANDSTANDS</th>
<th>ROLLS</th>
<th>HANDSPRINGS</th>
<th>SALTOs - FWD</th>
<th>SALTOs - BWD</th>
<th>ARABIAN SALTOs</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.301 Tuck jump 1 1/2</td>
<td>1.309a Switch leap 180° w/ 1/2 twist</td>
<td>1.309b Switch leap 180° w/ 1/4 to side split</td>
<td>3.301 Handstand w/ 2/1 or more</td>
<td>4.301 1/1 twist to hecht roll</td>
<td>8.301 Salto fwd stretched w/o 1/2</td>
<td>9.301 Salto backward w/ 1/1 twist</td>
</tr>
<tr>
<td>1.401 Tuck jump 2/1</td>
<td>1.309c Switch leap 180° w/ 1/4 to straddle pike</td>
<td>1.309d Switch leap to ring (head high)</td>
<td>4.302 Bwd roll to handstand w/ 2/1 or more</td>
<td>8.401 Salto fwd w/ 1/1 or more</td>
<td>9.401 Salto backward w/ 1 1/2 or more</td>
<td>10.301 Arabian stretched</td>
</tr>
<tr>
<td>1.402 Cat leap 1 1/2</td>
<td>1.409a Switch 180° w/ 1/4 to side split w/ 1/2</td>
<td>1.409b Switch 180° w/ 1/4 to side pike w/ 1/2</td>
<td>6.301 Flic-flac w/ 1/1</td>
<td>8.403 Double salto fwd, also w/ 1/2</td>
<td>9.403 Double salto bwd, also w/ twist</td>
<td>10.401 Arabian double salto</td>
</tr>
<tr>
<td>1.403 Wolf jump/hop 1/1</td>
<td>1.311a Tour jeté 135° w/ 1/2</td>
<td>1.311b Tour jeté 135° to ring (head high)</td>
<td>6.305 Flic-flac w/ 1/1</td>
<td>8.403 Double salto fwd, also w/ 1/2</td>
<td>9.304 Whip salto backward w/ 1/1</td>
<td>10.401 Arabian double salto</td>
</tr>
<tr>
<td>1.403a Pike jump 90° w/ 1/1</td>
<td>1.411 Tour jeté 135° w/ 1/2</td>
<td>1.312 Ring/stag ring jump 1/1 (head high)</td>
<td>6.305 Flic-flac w/ 1/1</td>
<td>8.403 Double salto fwd, also w/ 1/2</td>
<td>9.304 Whip salto backward w/ 1/1</td>
<td>10.401 Arabian double salto</td>
</tr>
<tr>
<td>1.403b Pike jump 45° w/ 1/1</td>
<td>1.411 Tour jeté 135° w/ 1/2</td>
<td>1.314 Hop 1/2, free leg above horizontal</td>
<td>6.305 Flic-flac w/ 1/1</td>
<td>8.403 Double salto fwd, also w/ 1/2</td>
<td>9.304 Whip salto backward w/ 1/1</td>
<td>10.401 Arabian double salto</td>
</tr>
<tr>
<td>1.404a Pike jump 90° w/ 1/2</td>
<td>1.411 Tour jeté 135° w/ 1/2</td>
<td>1.314 Hop 1/2, free leg above horizontal</td>
<td>6.305 Flic-flac w/ 1/1</td>
<td>8.403 Double salto fwd, also w/ 1/2</td>
<td>9.304 Whip salto backward w/ 1/1</td>
<td>10.401 Arabian double salto</td>
</tr>
<tr>
<td>1.404b Pike jump 45° w/ 1/2</td>
<td>1.411 Tour jeté 135° w/ 1/2</td>
<td>1.314 Hop 1/2, free leg above horizontal</td>
<td>6.305 Flic-flac w/ 1/1</td>
<td>8.403 Double salto fwd, also w/ 1/2</td>
<td>9.304 Whip salto backward w/ 1/1</td>
<td>10.401 Arabian double salto</td>
</tr>
<tr>
<td>1.405 Stretched jump 1/2</td>
<td>1.414 Hop 1/2, free leg above horizontal</td>
<td>1.314 Hop 1/2, free leg extended above horizontal</td>
<td>6.305 Flic-flac w/ 1/1</td>
<td>8.403 Double salto fwd, also w/ 1/2</td>
<td>9.304 Whip salto backward w/ 1/1</td>
<td>10.401 Arabian double salto</td>
</tr>
<tr>
<td>1.405a Stretched jump 3/1</td>
<td>1.414 Hop 1/2, free leg above horizontal</td>
<td>1.314 Hop 1/2, free leg extended above horizontal</td>
<td>6.305 Flic-flac w/ 1/1</td>
<td>8.403 Double salto fwd, also w/ 1/2</td>
<td>9.304 Whip salto backward w/ 1/1</td>
<td>10.401 Arabian double salto</td>
</tr>
<tr>
<td>1.406a Split jump 180° w/ 1 1/2</td>
<td>2.301 2/1 - 2 1/2 turn</td>
<td>2.301 2/1 - 2 1/2 turn</td>
<td>2.401 3/1 turn</td>
<td>2.402 2/1 turn w/ leg at horizontal</td>
<td>2.403 2/1 turn w/ leg at horizontal</td>
<td>2.404 2/1 Illusion</td>
</tr>
<tr>
<td>1.406b Leap 1 1/2 in horiz to prone (Khorkina)</td>
<td>2.302 1 1/2 turn w/ leg at horizontal</td>
<td>2.401 3/1 turn</td>
<td>2.402 2/1 turn w/ leg at horizontal</td>
<td>2.403 2/1 turn w/ leg at horizontal</td>
<td>2.404 2/1 Illusion</td>
<td>10.401 Arabian double salto</td>
</tr>
</tbody>
</table>