

Welcome!



**The 7th Annual
Indiana High School Athletic Association
Student Leadership Conference**

**Pike High School
Indianapolis, Indiana
June 22, 2010**

Special Thanks To Our Host



Pike High School

Pike High School Personnel

Troy Inman, Principal

James Perkins, District Athletic Director

Steve Stocker, Athletic Director

Diyaunne Edwards, Administrative Assistant

Alan Rogers, Operations Manager

Jim Fallis, Technology Director

Bertha Hoffer, Food Services

Jared Duymovic, Director of the Pike
Performing Arts Center

Kyle Bredehoeft, Technical Director of the
Pike Performing Arts Center

Conference Administrator

Sandy Searcy, IHSAA Asst. Commissioner

IHSAA
P.O. Box 40650
Indianapolis, IN 46240-0650
(317) 846-6601

www.ihsaa.org



Table of Contents

Page 4
Conference Agenda

Page 5
Corporate Sponsors

Page 6
Participating Schools

Page 7
Harvey Alston, Guest Speaker

Page 8
Stephen Bargatzke, Guest Speaker

Page 9
Scott McGowan and Greg Hobbs
Guest Speakers

Page 10
Josh Bleill, Guest Speaker

Page 11
Vera Jones, Guest Speaker

Page 12
Elliot Hopkins, Guest Speaker

Pages 13-17
Breakout Sessions

Page 18-21
Breakout Session Speaker Biographies

Page 22
IHSAA Student Advisory Committee

*The IHSAA would like to thank the following
Student Leadership Conference partners*



FARMERS®



*Your support is most appreciated.
Thank you!*



Conference Agenda

8:30 – 9:30am	Registration
9:30 – 10:40am	General Session
10:50 – 11:35am	Breakout Session #1
11:45 – 12:40pm	Group I - General Session
	Group II - Lunch
12:45 – 1:40pm	Group I - Lunch
	Group II - General Session
1:45 – 2:30pm	Breakout Session #2
2:40 – 3:25pm	Breakout Session #3
3:30 – 4:00pm	Closing Session

Participating Schools

21st Century School of Gary	Fort Wayne Canterbury	Northfield
Anderson	Frankfort	Northview
Angola	Fremont	Park Tudor
Bellmont	Guerin Catholic	Pike
Bethany Christian	Hamilton Southeastern	Plainfield
Bethesda Christian	Hanover Central	Plymouth
Bloomington North	Harrison (West Lafayette)	Rochester
Bloomfield	Indian Creek	Rushville
Blue River Valley	Indpls. Cardinal Ritter	Seymour
Boone Grove	Indpls. Cathedral	Shenandoah
Boonville	Indpls. Crispus Attucks	Southport
Brebeuf Jesuit	Indpls. Washington	Southridge
Brownstown Central	Irvington Prep. Academy	South Adams
Center Grove	Jasper	South Bend Clay
Central Noble	Jay County	South Bend Riley
Columbus East	Knightstown	South Bend Washington
Concord	Lafayette Jefferson	South Dearborn
Decatur Central	Lake Central	South Putnam
East Chicago Central	Lawrence Central	Tipton
Eastern Hancock	Lebanon	Triton
Eastern (Pekin)	Merrillville	Twin Lakes
Elkhart Central	Mishawaka	Valparaiso
Evansville Bosse	Mooreville	Wapahani
Evansville Central	Mt. Vernon (Fortville)	Warsaw Community
Evansville Reitz	Muncie Central	Westview
Evansville Harrison	North Central (Indpls.)	Wood Memorial
Evansville North	North Daviess	Zionsville
Fairfield	North Knox	
Fishers	North Posey	



Harvey Alston
Educator & Author

Considered one of the most dynamic, “high octane” speakers in America, Harvey Alston has been a full-time speaker since 1989. He has spoken to millions of people throughout the United States who have benefited not only from his knowledge, but also from the wisdom that Harvey Alston brings to the finish line.

Harvey's unforgettable words of individual responsibility for achievement have improved spirits, spurred growth, and changed lives. His powerful, soul-searching presentations uplift audiences to a higher standard, and to a level where they strive only for the best. Harvey Alston believes in solitary achievement, shared accomplishment and the dignity of human beings.

Mr. Alston's career has spanned positions from head football coach of Columbus East High School in Ohio in 1968, to assistant director of student financial aid at the university level. As an educator he's taught English, biology, health, life sciences and math curricula. Over the years, Harvey Alston has received recognition and awards from such diverse groups and organizations as the Ohio House of Representatives as one of Ohio's Finest Citizens, the City of Columbus declared a Harvey Alston Day, and he was commissioned a Kentucky Colonel, and has received numerous national recognitions and awards. However, none has more impact than the response from those individuals whose lives have been dramatically changed. People walk away from Harvey Alston's presentations knowing they have just heard someone who “has been around the track a few times” and one who shares it in a way that people do not forget. He has the courage it takes to remind people that life is only what they make it, that self-respect does not come with the job, but is brought to the job by people who do the best they can do, with whatever work is available to them.

Harvey Alston's enterprise is called Best Inc., based on his philosophy and the book titled “Be the Best.” He is a member of the National Speakers Association and serves as advisor to many civic boards, panels, and commissions. Visit his web site at www.harveyalston.com.



Stephen Bargatz

The Magic of Stephen

Stephen Bargatz is an internationally known speaker and motivational speaker. With over 25 years of experience, Stephen is a rare talent among entertainers. He has performed in a variety of different venues, including trade shows, comedy clubs, banquets, and corporate functions. In addition, Stephen has also been asked to perform, and lecture to magicians around the world. This can only attest to his skill as a sleight of hand artist, but also as a performer. Performing for one's peers is one of the greatest honors obtainable in the field of magic.

As Director of the Student Service Program for the Tennessee Secondary School Athletic Association, he speaks to thousands of students each year using his magic show to teach today's youth how drugs, alcohol, and tobacco can affect their lives. Stephen has a unique way of combining humor and magic with impactful messages to motivate audiences. Stephen also demonstrates the dangers of stereotypes and the importance of respecting yourself and respecting the differences in others to promote positive citizens at home, in school and in the community. His "Magic with a Message" presentations are not only enlightening to students but also inspirational to them.

His magical accolades include:

- Three time World of Wizards Champion
- South Eastern Association Magician of the year
- Midwest Association Magician of the year
- Comedy award at Abbott's Magic Convention
- International Brotherhood of Magicians Close up Champion.

In addition to these awards, Stephen has also appeared on Television several times, including an appearance on an HBO special.

After you witness "The Magic of Stephen" you will know what true comedy entertainment is all about. And you will know first hand how he has achieved the success that he has. Please visit his web site: www.magicofstephen.com.



Scott McGowan
Gregory Hobbs
The After Sport Group

The AfterSport Group was founded by former collegiate and professional athletes and is dedicated to preparing current student-athletes to transition from the locker room to the boardroom. The company partners with athletic departments and coaches across the country, and conducts career transition workshops to help the student-athletes identify different career options in preparation for the end of their athletic careers. Whether the athlete chooses first to play professionally or chooses to enter the corporate world immediately, the tools obtained from participating in the workshops are a great foundation in preparation for successful performance beyond the arena. For more information, visit: www.aftersportgroup.com.

Scott McGowan, Co-Founder and Chief Executive Officer

In high school Scott excelled in football, basketball, and baseball, and was highly recruited in all three sports. Choosing to play football for Indiana University, Scott was recognized as Honorable Mention All Big Ten Player and received the distinguished Corby Davis award for athletic and academic performance. Following graduation, Scott earned a free agent contract with the NFL's Cincinnati Bengals. Despite opportunities to continue his football career, he chose to pursue his corporate aspirations. Using many of the skills he learned as an athlete, Scott has successfully transitioned into the business world through a career in Sales and Marketing with Federal Express and American Express.

Gregory Hobbs, Chief Operating Officer

Academics and athletics have always been focal points throughout Gregory's life. In high school he earned letters in four sports (basketball, football, soccer and track) and was recruited by a number of institutions for his athletic and academic abilities. He accepted a partial academic scholarship from Indiana University where he was also invited as a walk-on to the football team. Gregory's hard work in the class room and on the field paid off as he earned a full athletic scholarship after his sophomore season. He also received Academic All-Big Ten honors each year he was a member of the team. Upon graduation, Gregory began an eleven year career with Smith Barney (Citigroup), where he spent three years working in Human Resources and eight years working in Asset Management. Gregory received an MBA in Finance from the University of San Francisco, where he graduated Magna Cum Laude and was recognized as a Beta Gamma Sigma Honorary.



Josh Bleill
Corporal
United States Marine Corps

Marine Corporal Joshua Bleill graduated from Greenfield Central High School, Greenfield, IN and attended Purdue University. Bleill joined the Marine Corps Reserves in 2004. After his graduation from basic training at Marine Corps Recruit Depot, San Diego, CA in August 2005, Corporal Bleill completed additional training as an Infantry Rifleman and was assigned to the 3rd Battalion, 24th Marine Regiment, which is a Reserve Infantry Battalion headquartered in St Louis, Missouri. Corporal Bleill continued to train at facilities in and around Terre Haute, Indiana until he was activated for a tour of duty in Iraq with the 1st Battalion, 24th Marine Regiment.

Corporal Bleill was conducting combat patrols in Fallujah, Iraq on 15 October 2006, when he was very seriously wounded after his vehicle was struck by an improvised explosive device. Josh suffered multiple injuries including the loss of both his legs.

In the many months of recovery following his injuries in Iraq, Josh has mentored other wounded warriors, and he has participated in a study of individuals using the newest technology for prosthetic legs. He has had unbelievable opportunities including receiving his Purple Heart from President George W. Bush and attending the 2007 Super Bowl to see his favorite football team, the Indianapolis Colts, claim the Lombardi Trophy. Corporal Bleill's most recent accomplishment was to receive his advanced certification in scuba diving.

Josh moved home to Indiana in August of 2008. He recently built a home in Carmel and has joined the Colts Organization as a Community Spokesperson.



Vera Jones
Vera's Voice Works

Audiences large and small, across the country have been captivated and motivated by this “naturally gifted” public speaker, award-winning television and radio broadcaster, and Hall of Fame athlete. Vera is most notably known for her extensive background in broadcasting serving as an NCAA and WNBA Basketball Color Analyst and Reporter for ESPN, Fox Sports, Madison Square Garden Network and NBA-TV. She has been an on-air personality at several radio stations from New York to Florida earning the South Carolina Broadcaster's Association "Personality of the Year" in 1994 as Country radio morning show host, “Bobbi Jones.” Over recent years, she has groomed her training, mentoring and leadership skills in the arena of collegiate coaching at the University of Dayton and Indiana University. She currently spends the NCAA Women's Basketball season broadcasting for the Big Ten Network.

Vera earned both her Bachelor's and Master's degrees from Syracuse University's renowned Newhouse School of Public Communications. In addition to more than 20 years of fulfillment as a broadcasting and media professional, her diverse background has invited her to wear many other exciting hats: coach, teacher, academic advisor, trainer, sales and promotions manager, program director, writer, real estate agent, actress, and stand-up comedienne....As a communicator, she's truly been there, done that! She has recently added “Author” to her list of accomplishments having published her first book *Play Through the Foul* in July of 2009. The second book, *The True Champions 30-Day Challenge*, is co-authored with A.J. Ali and was published in September 2009 by *Marathon of Miracles*.

Today as President of Vera's VoiceWorks, LLC., Vera has parlayed her wealth of personal and professional experiences, into a motivational public speaking and communication training career. Thus, not only are people gratifyingly discovering why Vera's Voice Works, but how confidently and effectively theirs can work too!



Elliott Hopkins
NFHS Director of
Educational Services

Elliot, originally from Chicago, is a former Harrisburg, PA resident. His responsibilities include, but are not limited to, being the staff liaison to the NFHS Citizenship and Equity Committee. In addition, he is the NFHS Baseball and Field Hockey Rules Editor; he also supervises the NFHS Resource Center, which includes the National High School Activities Week effort, numerous national surveys and NFHS Sanctioning Program. Currently, he is the director of the NFHS Student Leadership Conference and speaks exclusively to students about sportsmanship and hazing. He has served on the USA Baseball executive committee representing the NFHS.

A former member of the Pennsylvania Interscholastic Athletic Association, Inc. (PIAA) executive staff as Assistant Executive Director, his duties included management and organization of specific PIAA championships. He created and implemented the state's first sportsmanship program, "Sportsmanship – The Only Missing Piece is you!" As a member of the PIAA executive staff, Hopkins, represented Pennsylvania as the Chairman of the NFHS Sportsmanship, Ethics and Integrity Committee, Co-Chair of the NFHS Citizenship Committee and a member of the NFHS Sanctioning Committee. Prior to his employment with the PIAA, Hopkins had established a career as a corporate sales representative for several Fortune 500 companies, Broyhill Furniture Industries, Xerox Corporation, Bell Atlantic Systems, Inc. (formerly Bell of Pennsylvania) and the Standard Register Company.

As a graduate of Wake Forest University, Hopkins was captain and a four-year starter for the Demon Deacons' football team. He was a recipient of the 1975 Brian Piccolo Scholarship for four years, he was also awarded the 1978 Brian Piccolo Player Award, given to the player who best epitomized the spirit and work ethic of the late Brian Piccolo and he also received the Bill George Award for the most outstanding senior lineman upon graduation in the spring of 1979. Elliot is completing his master's degree in leadership development (Spring, 2010) from St. Mary's of the Woods College in St. Mary's of the Woods, IN.

Hopkins is a retired PIAA basketball official. He has coached both boys and girls in elementary/junior high school basketball programs in the Harrisburg, PA area. He is a former athletic administrator of a private elementary school, the Cathedral School, Harrisburg, PA. He is a father of two adult children, and active community and church member and enjoys the hobbies of weightlifting, fishing and is a national motorcycle safety instructor.

Breakout Sessions

1. Mental Magic – Our Body Speaks! – Ken Wertz, Fremont H.S.

Ken Wertz adds magic and humor as a performance enhancement coach. By assessing your strengths and weaknesses, he will identify the factors necessary for you to achieve your highest potential.

2. Replace Hazing with Positive Team Building Traditions – Lee Lonzo, Kick-off Freshman Transition Program

Many schools experience hazing as part of the culture of sports in their schools, without realizing the serious consequences for athletes, coaches, administrators and team unity. Participants will be taken through an abbreviated workshop which is currently being used by many schools to identify the negative effects of hazing and replace those customs with positive new team building traditions.

3. Kick-Off Freshman Transition Program – Lee Lonzo, Kick-off Freshman Transition Program

The Kick-Off Freshman Program is an innovative approach to assist freshmen in making the difficult transition to high school. This program is currently being used by over 250 high schools in 25 different states. The Kick-Off Program uses upper-class student leaders as mentors to run an interactive orientation day for freshmen before the start of school. The upper-classmen then continue to mentor those freshmen throughout the year with the goals of improving graduation rates, grades, attendance, discipline and school involvement.

4. How To Become the Most Respected Leader on Your Team – Patti McCormick, Lowell H.S.

The choice between being the most liked leader and the most respected leader is a difficult one. Find out how to find the courage to stand up in difficult situations, or to challenge teammates.

5. Be an Effective Team Captain – Greg Habegger, Hamilton Southeastern H.S.

Is being a team captain a position of honor or a position of responsibility? Much is required of a team captain. Be ready to lead when called upon. We will discuss ways to be an effective team captain and how to set the tone for your team.

6. Developing a Leadership Program For Captains (Pre-season) – Mike McMillen, Fort Wayne Bishop Dwenger H.S.

How can team captains help their teams to prepare for the upcoming season? This session will focus on what incoming captains should be doing in the pre-season. Suggestions will be introduced to help make the upcoming season a success.

7. Developing a Leadership Program For Captains (During the Season) – Mike McMillen, Fort Wayne Bishop Dwenger H.S.

Team captains will learn how to further their leadership skills during the season and learn to deal with potential problems or situations that may occur.

Breakout Sessions



8. Being Mentally Tough – Jeff Jourdan, SportPsych101

In “Being Mentally Tough,” student athletes will gain a basic knowledge of what “mentally tough” actually means. This includes not only what it is, but also how to do it (the majority of coaches tell athletes what to do, but not how to do it). Techniques and concepts that can be incorporated into daily routines will be discussed, so student-athletes have specific “action plans” to take home and try in their respective practices and/or competitions.

9. Concentration: What should I focus on? - Jeff Jourdan, SportPsych101

In this session, student athletes will learn the difference between relevant and irrelevant cues in the sport/performance arena. Handouts/worksheets will be delivered in order for each athlete to identify his/her own cues (naturally, relevant cues can differ from one athlete/sport to the next). Both external and internal cues will be discussed, including their respective effects on the body, mind, and overall performance.

10. Relaxation and Arousal Control – Jeff Jourdan, SportPsych101

In this session, the group will learn the basics of arousal regulation, as it relates to sport performance. Controlling one’s arousal (i.e. breathing rates, HR – you can indirectly affect your HR, etc.) is the single most effective method of performance enhancement, due to its immediate effect on the body. Through research, we know that calm, relaxed muscles flex more efficiently than tense, tight ones. In this session, student athletes will learn to create a calm, relaxed state during competition so they can reach peak performance.

11. Think Before You Post – Kevin Horrigan, Greenfield-Central High School

Cell phones, texting, sexting, cyber bullying, facebook, blogs, twittering – what you put out there can place you at risk now and in the future. Student-athletes need to think before they post.

12. Hazing – Elliot Hopkins, NFHS Assistant Executive Director

Hazing continues to be an area of concern and focus for student athletes, coaches and administrators. Students are usually the ones who initiate hazing activities, often because they were hazed themselves. Students have a significant role to play in determining whether hazing activities take place. There are some things all students who participate in school activities can do to prevent hazing. If you are a leader of a team or group you have an even more powerful role in preventing hazing; this session will discuss what actions you can take.

13. Sportsmanship Panel – Fishers High School Student Athletes

Student athletes from Fishers High School will be on hand to discuss what types of activities their school is involved in regarding leadership and sportsmanship. Fishers High School was the recipient of the Red Gold Sportsmanship Award for the Winter season.

Breakout Sessions

14. Play Through the Foul Team Building & Communication Training Mini Session – Vera Jones, Vera’s Voice Works, LLC

Whether we realize it or not, the greatest adversity we are typically prone to experience on a daily basis is in our personal interaction with one another. The competitive nature of sports sometimes forces us to focus more on how we play than what we say to each other. Participants will experience a fun, interactive session to help encourage effective communication to improve their relational awareness and leadership abilities within their teams as well as within their personal relationships.

15. Overcoming Adversity – Josh Bleill, Indianapolis Colts

On October 15, 2006, Marine Corporal Josh Bleill’s life would drastically change. While conducting combat patrols in Fallujah, Iraq, Bleill was seriously wounded after his vehicle was struck by an improvised explosive device. Josh suffered multiple injuries including the loss of both legs. In the many months of recovery following his injuries in Iraq, Josh mentored other wounded warriors and was presented with the Purple Heart in recognition for his service and efforts. Josh has overcome seemingly devastating circumstances to spread his message of overcoming adversity and throughout the process, has inspired many.

16. Community Service Opportunities – Bob Tully, Roncalli High School

What types of activities in your school and community are available for you and your team to participate in? Students become actively involved in community service or community outreach for a variety of reasons – for some, serving the community is an altruistic act or as a positive gesture to the larger community. This interactive session shares how student-athletes have responsibilities beyond sports themselves.

17. What Does It take to be a College Student-Athlete? – Former SAC members, Current College Students and Athletes

Former IHSAA Student Advisory Committee members who are currently college student-athletes will be on hand to talk about expectations, experiences, and time management strategies. Be prepared with questions of your own to ask the panel.

18. I Want to be a College Student-Athlete – Glen Terry, NCAA Eligibility Center

This NCAA Eligibility Center presentation is designed to inform high school student-athletes about the initial-eligibility process as well as life as a college student-athlete. The presentation will provide them steps to be certified to participate in Divisions I and II college athletics. A question and answer session will follow the presentation.

19. Steroid Use and the Athlete - Dr. Todd Arnold, St. Vincent’s Sports Performance

The truth about steroids: We will examine the facts, side effects, and consequences of performance enhancing products and shed light on steroid use in high school student-athletes.

Breakout Sessions



20. Life Happens After You Graduate: Things You Aren't Taught But Need to Learn - Terry Seitz, InterCom Group

Many of the essential elements of our education are gleaned from outside of the classroom. Life experiences, imparted wisdom from parents, leaders and peers and practical skills from everyday events contribute a vast amount of our intelligence. Student athletes will discover an entirely new world of knowledge available to them at their fingertips and develop the ability to glean practical wisdom from everyday occurrences.

21. Money Matters – Bill Harris, Fifth Third Bank

Learn how to save and spend on a high school student budget. Understand the strategy of good credit and the pitfalls of bad credit. Realizing that being able to budget is a good lesson that stays with you for life.

22. Are You Invincible? – Adam Ritz, Captured TV

Adam, a former Indiana high school three sport athlete, has delivered this engaging Alcohol Awareness/Decision Making presentation to student athletes around the country. June Jones, Southern Methodist University head football coach, on Adam's presentation: "Thank you, our players needed to hear what you had to say, and I think you nailed it!"

23. A Practical Guide for Successful Captains – Brian Greer, Fort Wayne Canterbury H.S.

Many athletics programs have similar goals and want to achieve the same results, and it is often team captains who are responsible for making that happen. In this session, student-athletes will consider what these goals and desired results are, and will provide practical advice for achieving them based on personal experiences.

24. Hazing: What It Is (And Isn't) And How To Confront It – David Westol, Limberlost Consulting, Inc.

Hazing....is sometimes difficult to define, exists in darkness and secrecy until something happens, is illegal in Indiana, can be hazardous to your health, hazardous to team health, and...proves what? In our interactive session we will review several actual cases and will focus upon what you as our leaders, coaches and administrators can do to educate students, address hazing and develop better team-building practices.

25. Game Plan For Greatness – Dennis Jarrett, The Champion Generation Initiative

Having goals is one thing. Knowing how to reach them will be the difference between victory or defeat, success or failure. This Game Plan For Greatness training session will help you understand what you need to do to reach your goals. All participants will leave with their own personal plan for reaching their full potential now, and in the future. The session is fast-paced, utilizing video, music, and audience participation with plenty of practical tips on how you can plan, prepare, play, and live like a champion.

Breakout Sessions

26. Developing and Maintaining Your Winning Mindset – Ellyn Ludden, Team Summit

Learn how to set goals that inspire you and your team. Ellyn will begin with activities that focus on developing a championship mentality. We will have the opportunity to share with each other with everyone having a chance at providing input.

27. Lead Your Community To Victory – Jim Dittoe, Winning Communities

Meet the challenges of change facing your city, town, or county by helping set a vision, goals, and action objectives. Learn to take advantage of leadership opportunities and build a great place to call home by breaking the myth of "braindrain".

28. Taking Advantage of Your Resources – Scott McGowan, Greg Hobbs, AfterSport Group

Student-athletes will benefit by receiving guidance related to choices that will have an impact on their lives after high school athletics. Learn how to effectively network with other student athletes, coaches, teachers and future employers. Whether or not the student athlete is planning for a professional athletic career, the tools obtained from participating in the program are a great foundation in preparation for successful performance beyond the arena



Official photographers of the IHSAA and Indianapolis Colts!

www.vsnindy.com

Speaker Biographies



Dr. Todd Arnold

Todd Arnold M.D. is a sports performance physician with over a decade of experience caring for athletes of all levels ranging from scholastic to elite. He is a physician at St Vincent Sports Performance and serves as team physician for the Indianapolis Indians, USA Synchronized Swimming and USA Track and Field and is a consultant for the Indianapolis Colts. He has special interest in taking care of golfers and has extensive training from the Titleist Performance Institute.

Chris Dittoe

Chris Dittoe is the former quarterback of two-time IHSAA football state champion Bishop Dwenger where he was all-state. He went on to play at Indiana University and the Detroit Lions. He now is president of Dittoe PR and coaches 5th-6th grade football at Immaculate Heart of Mary. The father of three, Chris focuses on building leadership in youth.

Jim Dittoe

Jim Dittoe is President and Community Coach of Winning Communities with over 30 years experience in community and economic development. He has been CEO of six different chambers of commerce and economic development councils. He "coaches" communities to make an action plan for the future and will explain the 9C's of a Winning Community.

Brian Greer

Brian Greer is an economics teacher and the assistant baseball coach at Canterbury School in Fort Wayne, where he has also filled the role of Sports Information Director and contributed to the development of the Student Athlete Advisory Committee over the last 3 years. A member of the Wake Forest University Class of 2007, he was the student manager for the Wake Forest baseball team for two years and completed an internship for the Winston-Salem Warhogs, the Class A affiliate for the Chicago White Sox.

Greg Habegger

Greg Habegger has been at Hamilton Southeastern High School for 19 years. He was a teacher and coached basketball for ten years, seven of which he was the varsity coach. He served as a Dean of Students for 6 years prior to becoming Athletic Director in 2005.

Bill Harris

Bill Harris is a banking relationship specialist for Fifth Third Bank, Central Indiana. Bill joined Fifth Third Bank, Central Indiana in July 1997 and became a vice president in 2005. Within the Bank, he serves on the Diversity Council, and chairs its Community Involvement and Consumer Growth sub-committee. He is also an active contributor in Fifth Third Bank's Young Bankers Club program and an advisor to the Advanced Leadership Development Program. Bill received a Bachelor of Arts degree from the University of Michigan in 1992 where he was a member of the university's swim team. He currently serves on the boards of Carmel Dads Club, USA Diving, Lacy Leadership Association and UM Alumni Club of Indianapolis. Bill is also a member of the Finance Committee for the United Way of Central Indiana, participated in the Stanley K. Lacy Executive Leadership Series (Class XXXI), and the Hamilton County Leadership Academy.



Speaker Biographies

Kevin Horrigan

Kevin Horrigan has served as athletic director at three high schools, including Brebeuf Jesuit, Lawrence Central, and currently Greenfield-Central. Among other positions, he has served as president of the State Athletic Director's Organization (IAA), and currently assists the IHSAA as the Tournament Director for the Boys Basketball State Championship Tournament. Kevin has participated in the IHSAA Student Leadership Conference since its inception.

Dennis Jarrett

Dennis Jarrett is an educator, coach, author and Director of The Champion Generation Initiative based in Indianapolis. He spent part of his working career covering professional, college and high school sports for WRTV, the ABC affiliate in Indianapolis. Jarrett also currently teaches Advanced Television and Video Production at Warren Central High School and is the Media Relations Coordinator for the school district.

Jeff Jourdan

Jeffrey A. Jourdan, MA has his degree and training in Sport & Exercise Psychology. Jeff founded SportPsych101 (www.sportpsych101.com), a private consulting practice based in Indianapolis, in 2007. He currently works with high school, collegiate, and professional athletes in regards to performance enhancement via mental-skills training. Prior to returning to school for his graduate training, Jeff played Arena Football for the Cincinnati Marshals of the National Indoor Football League (NIFL). Jeff was hired as a Wide Receivers Coach for Franklin College for two seasons (2003, 2004), which came after a productive career as a player for Hanover College (1999-2002). By educating and positively influencing athletes in the field of Sport Psychology, Jeff helps you to effectively cope with the less-than-ideal situations in sport and life, to be proactive in your journey to achieve, and empowers you to create your own opportunities for success.

Lee Lonzo

Lee Lonzo is the former Athletic Director at Carmel High School. He was a head varsity coach and teacher for 19 years before going into administration. He also served as Assistant Principal for Curriculum and Instruction and Student Activities Director and was recognized as the Indiana Assistant Principal of the Year. He served three terms on the IHSAA Board of Directors and has helped facilitate the IHSAA and National Federation of High Schools Student Leadership Conferences. After 33 years in education, Lee now is a full-time educational consultant and presenter. He is the founder of the "Kick-Off Program" which is a transition and mentoring program for freshmen that is being used by over 250 schools in 25 different states. He is also a lawyer and often presents and facilitates workshops on topics including sportsmanship, student leadership, school safety, school law and his anti-hazing workshop entitled "Replacing Hazing with Positive New Team Building Traditions".

Ellyn Ludden

As a facilitator, Ellyn brings her strong marketing and communications skills to any business challenge and tackles it with enthusiasm. She has over 20 years of corporate marketing, sales and communications expertise and leverages that expertise to organizations of all sizes including Fortune 100, nonprofit boards to collegiate athletic teams. Ellyn grew up in LaCrosse, Wisconsin and graduated from with a BA-Journalism Wisconsin-Madison, where she was a member of the Big Ten Championship Track Team from 1981-84.

Patti McCormack

Patti McCormack received her B.S. from Indiana University and her M.S. from Purdue University. Ms. McCormack played two years of basketball at IU. She was the first female to coach varsity boys basketball in Illinois, and coached for two years as the recruiting coordinator at Ball State University. Presently she is a teacher, assistant athletic director, and girls varsity basketball coach at Lowell High School in Lowell, Indiana.

Mike McMillen

Mike McMillen is the former athletic director at Fort Wayne South Side and Fort Wayne Northrop High Schools. He has spoken at national conferences in Orlando, Florida and Springfield, Massachusetts, as well as state organizations in Indiana and Missouri. He developed a sportsmanship seminar for the Summit Athletic Conference in Fort Wayne and has also made presentations to individual school athletic councils in Michigan and Indiana. Mike is currently teaching U.S. History at Bishop Dwenger High School in Fort Wayne.

Jon Miles

Jon Miles has spent 26 years in education. He started his career in Wayne Township at Ben Davis Junior High, where he coached football, wrestling, and track. Mr. Miles was then hired as Athletic Director at Northview Middle School in Washington Township, Indianapolis Indiana, before working as an Events Coordinator at North Central High School. He was then hired as the first Athletic Director at the reestablished Fishers High School as it opened in 2006. Mr Miles has a B.S. in Technology Education from Ball State University, a M.S. in Secondary Education from Indiana University, and an Administration License from Indiana University.

Adam Ritz

Adam Ritz is a graduate of Carmel High School (Carmel, IN) 1988 where he was senior class president and an All State athlete in football and track. Adam attended Purdue University playing football his freshman year, and graduated with a Communications degree in 1994. He began his media career in 1994 as an on air personality at WZPL 99.5 in Indianapolis. In 1997 Adam became one of the most listened to radio dj's in Indianapolis at WRZX X-103. Adam has delivered this engaging Alcohol Awareness/Decision Making presentation across America. Closer to home he works with the Indianapolis Colts speaking at the Rookie Orientation and speaks at Indiana high schools for fall orientation, Red Ribbon Week, Homecoming, Spring Break and Pre-Prom presentations

Terry Seitz

Terry Seitz, of InterComm Group, is dedicated to moving people forward. Whether working with corporate executives, with teams or individuals, Terry successfully brings out their best. He helps people identify and employ their strengths, overcome their developmental gaps and become superior leaders, productive team members and high performers. He is certified in the Hallmarks of Excellence® in Leadership and Professional DynaMetric Programs®.

Bob Tully

Bob is beginning his 49th year in service to the young people in the Archdiocese of Indianapolis. Bob is presently serving as Chairperson of the Campus Ministry Team at Roncalli High School (where he has been for the past 48 years) as well as serving as a football coach. He attended Indiana University and is a Master Catechist with an advanced certificate in youth ministry. Bob and his wife, Mary Pat, have two children and five beautiful grand-daughters. Bob is also in his 45th year as a part-time program assistant for the Catholic Youth Organization.

Ken Wertz

Ken Wertz has 35 years of teaching and coaching experience. In 2008, Coach Wertz was the first coach to be inducted in the Fremont High School Coaches Hall of Fame. His other honors include the 1991 IHSACA Coach of the Year Runner-Up, 2000 IHSACA/ICGSA Coach of the Year, 2002 UNINDY Coach of the Year, and 2007 IHSACA Hall of Fame inductee. Coach Wertz has a 75% win percentage with Boys Golf over a 25 year span, an 82% win percentage with girls golf over an 11 year span. He is the past president/chairman of the IHSACA and the ICGSA.

Dave Westol

Dave Westol is an alumnus of Michigan State University and the Detroit College of Law. He is Owner and CEO of Limberlost Consulting, Inc. Dave has made presentations about hazing, risk management, motivation and leadership at over 450 colleges and universities and a number of high schools and he serves on the board of directors for Hazing-Prevention.org. He has worked as a high school football official for 24 seasons and has served as an official at the NCAA D-II and D-III levels. Dave is co-chairman of the Football Officials Committee for the Indiana Officials Association which is based in Indianapolis.

Student Advisory Committee



Eighteen high school student-athletes from across Indiana have been chosen to represent the 2009-10 IHSAA Student Advisory Committee (SAC) which begins its ninth year this fall.

The IHSAA recognizes the importance of an exchange of ideas with those most directly affected and this group of students serves as a voice to the Association staff while also gaining hands-on experience with the organization that works to serve their needs.



2009-10 IHSAA Student Advisory Committee:

<u>Name</u>	<u>Grade</u>	<u>School</u>
Kristy Baldwin	12	Angola
Meagan Barron	11	Plymouth
Krista Beaman	12	Rushville
Kelsey Carr	11	Muncie Burris
Alison Curtis	11	Lebanon
Michelle Fites	12	Shenandoah
Robert Hawthorne	11	Indpls. Crispus Attucks
Hope Jordan	11	Bremen
Tazree Kadam	11	Fishers
Nick Kolar	11	Ft. Wayne Canterbury
Whitney Malin	12	Wood Memorial
Natalie Newton**	12	Harrison (WL)
Jesse Ramer	12	Bethany Christian
Sam Rumbach	11	Jasper
Scott Smyth	11	Warsaw
Kyle Whitten*	12	Boonville
Claire Williams	12	Mt. Vernon (Fortville)

* President

** Secretary



2009-10 IHSAA Board of Directors and Executive Committee

The IHSAA is governed by its legislative body, the Board of Directors. Composed of 19 individuals elected by member school principals from three legislative districts, they serve staggered three-year terms. Twelve board seats are filled by any qualified individual (open seats), and six board seats are filled by two qualified female representatives, two qualified minority representatives, two qualified urban school representatives and one private school representative. The Board of Directors meets annually with the responsibility of establishing the Association's By-Laws and regulations.

The Executive Committee meets monthly and is responsible for organizing and directing state tournaments and meets, interpreting the Association's By-Laws, determining penalties for rules violations, and establishing the Association's state office and employing a commissioner and staff to administer the Association.

IHSAA Board of Directors

<i>District, Seat</i>	<i>Board Member</i>	<i>Term Ends</i>
District I, Class A	Debb Stevens, Caston	June 2011
District I, Class AA	Nathan Dean, Jimtown	June 2012
District I, Class AAA	Geoff Penrod, Columbia City	June 2011
District I, Class AAAA	Joe Santa, Warsaw	June 2012
District II, Class A	Ken Howell, Blue River Valley	June 2012
District II, Class AA	Jim Diagostino, Tri-West Hendricks	June 2011
District II, Class AAA	Steve Cox, Beech Grove	June 2012
District II, Class AAAA	Phillip Ford, Jay County*	June 2011
District III, Class A	Jed Jerrels, North Daviess**	June 2011
District III, Class AA	Tim Grove, North Knox	June 2012
District III, Class AAA	Mike Whitten, Boonville	June 2011
District III, Class AAAA	Phillip DeLong, Castle	June 2012
North District, Female	Nancy Alspaugh, Manchester	June 2010
North District, Minority	Robert Falls, Michigan City	June 2010
North District, Urban	Janis Qualizza, Merrillville	June 2010
South District, Female	Pam Noble, Connersville	June 2010
South District, Minority	Robert Faulkens, Indpls. Crispus Attucks	June 2010
South District, Urban	Paul Neidig, Evansville Central	June 2010
Private School	John Marks, Fort Wayne Concordia	June 2010

* President ** Vice-President

IHSAA Executive Committee

Paul Neidig, Evansville Central (Chairman)
 Janis Qualizza, Merrillville (Vice-Chairman)
 Nancy Alspaugh, Manchester
 Steve Cox, Beech Grove
 Nathan Dean, Jimtown
 Phillip DeLong, Castle
 Jim Diagostino, Tri-West Hendricks
 Robert Falls, Michigan City
 Robert Faulkens, Indianapolis Crispus Attucks
 Phillip Ford, Jay County
 Tim Grove, North Knox
 Ken Howell, Blue River Valley
 Jed Jerrels, North Daviess
 John Marks, Fort Wayne Concordia
 Pam Noble, Connersville
 Geoff Penrod, Columbia City
 Joe Santa, Warsaw
 Debb Stevens, Caston
 Mike Whitten, Boonville

Sportsmanship

NEVER GOES OUT OF STYLE.



PURE SPIRIT. PURE SPORT.

Thank you to our corporate partners!

The Indiana High School Athletic Association, Inc. values the commitment of our corporate partners. Through their investment of dollars, resources and expertise, the IHSAA is able to provide television broadcasts, products and services that strengthen the championship experience. Our corporate partners enjoy the ability to connect with students and communities through custom marketing programs that compliment the tradition of the IHSAA to positively impact Indiana's present and future.

Methodist
Sports
Medicine



The
Orthopedic
Specialists

INDIANA FARM
BUREAU INSURANCE®
We're Part of Your Life®



Wilson.



FARMERS

Marriott.
HOTELS · RESORTS · SUITES



Comcast. bright house NETWORKS



DIGITAL
sports



Indiana High School Athletic Association, Inc.