

# 2022-23 Swimming State Standards

## Girls State Swimming-16th Place Qualifying Times

Event	2020	2021	2022	2022-23 State Standard
200 yd. Medley Relay	01:48.43	01:49.01	01:49.49	01:48.98
200 yd. Freestyle	01:53.34	01:54.27	01:53.27	01:53.63
200 yd. Individual Medley	02:06.74	02:08.06	02:09.59	02:08.13
50 yd. Freestyle	00:23.98	00:24.17	00:24.13	00:24.09
100 yd. Butterfly	00:57.09	00:57.38	00:57.45	00:57.31
100 yd. Freestyle	00:52.47	00:52.94	00:52.14	00:52.52
500 yd. Freestyle	05:05.21	05:07.18	05:10.05	05:07.48
200 yd. Freestyle Relay	01:39.34	01:39.11	01:39.61	01:39.35
100 yd. Backstroke	00:57.22	00:57.22	00:57.27	00:57.24
100 yd. Breaststroke	01:05.71	01:05.94	01:05.72	01:05.79
400 yd. Freestyle Relay	03:35.78	03:34.93	03:36.24	03:35.65

## Boys State Swimming-16th Place Qualifying Times

Event	2020	2021	2022	2022-23 State Standard
200 yd. Medley Relay	01:36.36	01:37.76	01:36.98	01:37.03
200 yd. Freestyle	01:42.91	01:42.78	01:42.99	01:42.89
200 yd. Individual Medley	01:55.09	01:55.47	01:55.03	01:55.20
50 yd. Freestyle	00:21.15	00:21.17	00:21.46	00:21.26
100 yd. Butterfly	00:51.05	00:50.57	00:50.97	00:50.86
100 yd. Freestyle	00:46.69	00:46.57	00:47.08	00:46.78
500 yd. Freestyle	04:42.63	04:42.62	04:42.35	04:42.53
200 yd. Freestyle Relay	01:27.80	01:28.14	01:27.21	01:27.72
100 yd. Backstroke	00:50.64	00:52.26	00:52.02	00:51.64
100 yd. Breaststroke	00:58.10	00:58.07	00:58.18	00:58.12
400 yd. Freestyle Relay	03:14.02	03:13.81	03:13.81	03:13.88

