

2022-23 IHSAA DIVING SCORESHEET

ORDER OF FINISH
TOTAL POINTS AWARDED
DIVING ORDER

ONE METER DIVING TABLE

C — Tuck, B — Pike, A — Straight, D — Free

Dive Order	Dive No.	C	B	A	D	
FORWARD DIVES						
___	101	Forward Dives	1.2	1.3	1.4	—
___	102	Forward 1 SS	1.4	1.5	1.6	—
___	103	Forward 1½ SS	1.6	1.7	2.0	—
___	104	Forward 2 SS	2.2	2.3	2.6	—
___	105	Forward 2½ SS	2.4	2.6	—	—
___	106	Forward 3 SS	2.9	3.2	—	—
___	107	Forward 3½ SS	3.0	3.3	—	—
___	112	Forward Flying 1 SS	1.6	1.7	—	—
___	113	Forward Flying 1½ SS	1.8	1.9	—	—
BACK DIVES						
___	201	Back Dive	1.5	1.6	1.7	—
___	202	Back 1 SS	1.5	1.6	1.7	—
___	203	Back 1½ SS	2.0	2.3	2.5	—
___	204	Back 2 SS	2.0	2.3	—	—
___	205	Back 2½ SS	3.0	3.2	—	—
REVERSE DIVES						
___	301	Reverse Dive	1.6	1.7	1.8	—
___	302	Reverse 1 SS	1.6	1.7	1.8	—
___	303	Reverse 1½ SS	2.1	2.4	2.7	—
___	304	Reverse 2 SS	2.1	2.4	2.9	—
___	305	Reverse 2½ SS	3.0	3.2	—	—
INWARD DIVES						
___	401	Inward Dive	1.4	1.5	1.8	—
___	402	Inward 1 SS	1.6	1.7	2.0	—
___	403	Inward 1½ SS	2.2	2.4	—	—
___	404	Inward 2 SS	2.8	3.0	—	—
___	405	Inward 2½ SS	3.1	3.4	—	—
___	412	Inward Flying SS	2.0	2.1	—	—
___	413	Inward Flying 1½	2.7	2.9	—	—
TWIST DIVES						
___	*5111	Forward Dive, ½ Twist	1.6	1.7	1.8	—
___	5112	Forward Dive, 1 Twist	—	1.9	2.0	—
___	5121	Forward 1 SS, ½ Twist	—	—	1.7	—
___	5122	Forward 1 SS, 1 Twist	—	—	1.9	—
___	5124	Forward 1 SS, 2 Twists	—	—	2.3	—
___	5126	Forward 1 SS, 3 Twists	—	—	2.8	—
___	5131	Forward 1½ SS, ½ Twist	—	—	2.0	—
___	5132	Forward 1½ SS, 1 Twist	—	—	2.2	—
___	5134	Forward 1½ SS, 2 Twists	—	—	2.6	—
___	5136	Forward 1½ SS, 3 Twists	—	—	3.1	—
___	5142	Forward 2 SS, 1 Twist	2.6	2.7	—	—
___	5152	Forward 2½ SS, 1 Twist	3.0	3.2	—	—
___	5211	Back Dive, ½ Twist	—	—	1.8	—
___	5212	Back Dive, 1 Twist	—	—	2.0	—
___	5221	Back 1 SS, ½ Twist	—	—	1.7	—
___	5222	Back 1 SS, 1 Twist	—	—	1.9	—
___	5223	Back 1 SS, 1½ Twists	—	—	2.3	—
___	5225	Back 1 SS, 2½ Twists	—	—	2.7	—
___	5227	Back 1 SS, 3½ Twists	—	—	3.2	—
___	5231	Back 1½ SS, ½ Twist	—	—	2.1	—
___	5233	Back 1½ SS, 1½ Twists	—	—	2.5	—
___	5235	Back 1½ SS, 2½ Twists	—	—	2.9	—
___	5251	Back 2½ SS, ½ Twist	2.7	2.9	—	—
___	5311	Reverse Dive, ½ Twist	—	—	1.9	—
___	5312	Reverse Dive, 1 Twist	—	—	2.1	—
___	5321	Reverse 1 SS, ½ Twist	—	—	1.8	—
___	5322	Reverse 1 SS, 1 Twist	—	—	2.0	—
___	5323	Reverse 1 SS, 1½ Twists	—	—	2.4	—
___	5325	Reverse 1 SS, 2½ Twists	—	—	2.8	—
___	5331	Reverse 1½ SS, ½ Twist	—	—	2.2	—
___	5333	Reverse 1½ SS, 1½ Twists	—	—	2.6	—
___	5335	Reverse 1½ SS, 2½ Twists	—	—	3.0	—
___	5351	Reverse 2½ SS, ½ Twist	2.7	2.9	—	—
___	*5411	Inward Dive, ½ Twist	1.7	2.0	—	—
___	5412	Inward Dive, 1 Twist	1.9	2.2	—	—
___	5421	Inward 1 SS, ½ Twist	—	—	1.9	—
___	5422	Inward 1 SS, 1 Twist	—	—	2.1	—
___	5432	Inward 1½ SS, 1 Twist	—	—	2.7	—
___	5434	Inward 1½ SS, 2 Twists	—	—	3.1	—

Name _____ School _____

Grade _____ Girls / Boys Meet _____

Site _____ Date _____

PRELIMS (Dives 1-5 — 2 Vol. & 3 Opt.)

Dive Order	Dive Number	Dive Pos.	JUDGES SCORES							Judges Total	Deg. of Diff.	POINTS AWARDED							
			1	2	3	4	5	6	7										
1																			
2																			
3																			
4																			
5																			

SEMI-FINALS (Dives 6, 7, 8 — 2 Vol. & 1 Opt.)

6																			
7																			
8																			

FINALS (Dives 9, 10, 11 — 1 Vol. & 2 Opt.)

9																			
10																			
11																			

TOTAL POINTS AWARDED

Instructions

- Refer to diving table provided on the left to complete the diving scoresheet.
- For each dive, write the dive's number, position and degree of difficulty in the space provided, circle the number and degree of difficulty of the voluntary dives; sign the scoresheet, then have the coach sign it. Total the degree of difficulty for voluntary dives in the lower right section of the diving scoresheet.
- Number dives in order.
- Place dive # on line in front of area used for calculation to assist in checking the requirements for each phase of competition.

Championship Meets

- Transfer all information from IHSAA Diving Card.
- The cumulative total of the actual degree of difficulty (DD) for the five voluntary dives shall not exceed 9.0.

Total D.D. Voluntary Dives _____

Diver Signature _____

Coach Signature _____

Referee Signature _____